



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**LIFE ORIENTATION  
COMMON ASSESSMENT TASK**

**6 SEPTEMBER 2021**

**MARKS: 100**

**TIME: 2½ hours**

**This question paper consists of 9 pages.**



\* L I F O E \*



**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of three sections, namely SECTION A, SECTION B and SECTION C.
2. The questions in SECTION A and SECTION B are COMPULSORY.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.



**SECTION A (COMPULSORY)**

Answer ALL the questions in this section.

**QUESTION 1**

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 D.

- 1.1.1 A function of the National Benchmark Test (NBT) could be to ...
- A determine a potential candidate's abilities, strengths and weaknesses to follow a specific field of study.
  - B advise students on what type of financial aid they can access, based on the test results.
  - C assess whether potential students qualify for regular entry or extended programmes in a specific course.
  - D enable tertiary institutions to place students in any other field of study that may be available at the time.

- 1.1.2 Embezzlement is an illegal act of ...
- A obtaining money, goods or property by deceiving other people.
  - B getting something, especially money, by force or threats.
  - C giving or receiving a free reward to influence someone's actions.
  - D secretly taking money that belongs to the company you work for.

- 1.1.3 Examples of health-related components of fitness:
- A Body composition, muscular endurance and reaction time
  - B Muscular endurance, cardiovascular fitness and flexibility
  - C Coordination, cardiovascular fitness and muscular strength
  - D Cardiovascular fitness, flexibility and body composition

- 1.1.4 An evaluation of an impact study is done to ...
- A secure all the resources needed to complete the intervention.
  - B identify the steps needed to conduct that specific intervention.
  - C decide who will be in charge of carrying out the intervention.
  - D determine the changes as a result of a particular intervention.

- 1.1.5 The Employment Equity Act (EEA), 1998 (Act 55 of 1998) intends to regulate ...
- A psychological testing and assessment of potential employees.
  - B the right of workers not to be locked out from the workplace while striking.
  - C employee participation in decision-making through workplace forums.
  - D employment of young children under the minimum school-leaving age.

(5 x 1) (5)



- 1.2 Give ONE word/term for EACH of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.3) in the ANSWER BOOK.
- 1.2.1 A condition that can be avoided by drinking water regularly during physical education activities (1)
- 1.2.2 The term describing a person who shows exceptional ability, knowledge and common sense about using modern technology (1)
- 1.2.3 The ability to maintain a controlled body position during a dance movement (1)
- 1.3 Answer the following questions by writing the answer next to the question numbers (1.3.1 to 1.3.4) in the ANSWER BOOK. Write your answers in full sentences.
- 1.3.1 Give TWO examples of possible gender inequality practices in the work place. (2 x 1) (2)
- 1.3.2 Explain why smoking of cigarettes may have a negative effect on your physical appearance. (1 x 2) (2)
- 1.3.3 Why do you think municipalities should amend by-laws regularly?(2 x 1) (2)
- 1.3.4 Discuss the importance of setting achievable health and fitness goals. (1 x 2) (2)
- 1.4 Read the source below and answer the following questions. Write your answers in full sentences.

**ENTREPRENEURSHIP: PLAN A, B or C?**

**What Every Entrepreneur Must Know!**

**CHARACTERISTICS**      **PROBLEM-SOLVER**

**RISK-TAKER**              **FINANCIAL VIABILITY**

[Adapted from [www.entrepreneur-headlines.co.za](http://www.entrepreneur-headlines.co.za). Accessed on 16 February 2021.]

- 1.4.1 Explain why entrepreneurs should be risk-takers. (1 x 2) (2)
- 1.4.2 Recommend ONE way in which a potential entrepreneur could determine if a business opportunity will be financially viable. Motivate your answer. (1 x 2) (2)

**TOTAL SECTION A: 20**



**SECTION B (COMPULSORY)**

Answer ALL the questions in this section. Write your answers in full sentences.

**QUESTION 2**

Read the extract below and answer the questions that follow.

**THE IMPORTANCE OF COMMUNICATION**

Our personalities influence the effectiveness of our communication with others. Therefore, developing appropriate personality traits is necessary to deal with different types of personalities, emotions and conflict situations in life effectively.

Being emotionally healthy does not necessarily mean that you are happy all the time or that you are satisfied with yourself and the relationships you have with others. Rather, it may mean that you are aware of your feelings and thoughts about yourself and those of others.

This awareness and acknowledgement may help you to develop better coping strategies which could be used to deal with conflict or changes in relationships.

[Adapted from [www.familydoctor.org](http://www.familydoctor.org). Accessed on 25 January 2021.]

- |     |  |         |             |
|-----|--|---------|-------------|
| 2.1 | Give a definition for the term <i>personality</i> .  | (1 x 2) | (2)         |
| 2.2 | State TWO factors that may have contributed to a young person developing positive personality traits during childhood.   | (2 x 1) | (2)         |
| 2.3 | Explain how a negative attitude towards life could affect your communication with others.  | (1 x 2) | (2)         |
| 2.4 | Discuss why avoiding conflict is not healthy for any relationship.   | (2 x 2) | (4)         |
| 2.5 | Why do you think compromising may not always be considered to be the most ideal method to resolve disagreements?   | (2 x 2) | (4)         |
| 2.6 | How would you improve your way of coping with changes in any relationship? In EACH answer, also indicate how improving these coping skills could help you to accept the changes in your relationships. | (2 x 3) | (6)         |
|     |  |         | <b>[20]</b> |



**QUESTION 3**

Read the extract below and answer the questions that follow.

**SURVIVING EXAMINATIONS**

Sitting for an examination has proven to be the most difficult aspect of general student assessment. Most students fail an assessment, not because they do not know the content, but because they cannot effectively respond to the questions within the stipulated time.

Knowing your content does not always mean that you are able to effectively answer examination questions since there are factors, such as managing anxiety, which play a role in determining your success in an examination.

Interestingly, examination writing skills, such as time management, are typical life skills because they could be used to deal with daily life demands.

[Adapted from [www.study-help/understanding-question](http://www.study-help/understanding-question). Accessed on 15 February 2021.]

- 3.1 Give a definition of the term *study skills*. (1 x 2) (2)
- 3.2 Differentiate between the following action words as used in an examination question paper:
- Illustrate
  - Identify (1 x 2) (2)
- 3.3 Explain ONE benefit of planning your responses when sitting for an examination. (1 x 2) (2)
- 3.4 Discuss TWO ways in which you could deal effectively with anxiety during an examination session. (2 x 2) (4)
- 3.5 Assess how time management skills could assist you to perform effectively in your Grade 12 assessments. (2 x 2) (4)
- 3.6 How would you adapt your reading skills to respond effectively to examination questions? In EACH answer, also indicate how that could improve your ability to gain maximum marks for a question. (2 x 3) (6)

**[20]****TOTAL SECTION B: 40**

**SECTION C**

Answer any TWO questions in this section.

Your responses must consist of **paragraphs**. Marks will ONLY be allocated for responses written in full sentences.

**QUESTION 4**

Read the extract below and answer the questions that follow.

**THE DEVASTATION OF CRISES AND DISASTERS**

The unforeseen devastation caused by global crises and disasters, such as the Covid-19 pandemic and HIV/Aids and has taken a significant toll on people across the world. The rapid spread of such diseases causes global health crises, which impact severely on the livelihood<sup>1</sup> of people.

**Glossary:**

<sup>1</sup>livelihood: income, employment, businesses and jobs

[Adapted from <https://www.medicalnewstoday.com>, Accessed on 29 January 2021]

Write paragraphs on **crises and disasters**.

Use the following as a guideline:

- State FOUR benefits for a person who detects a disease early enough. (4 x 1) (4)
  - Analyse the negative effect of people's personal views about infectious diseases on the health and safety of people. (2 x 4) (8)
  - Evaluate the impact of a crisis, such as the global Covid-19 pandemic, on the current trends in the job market. (2 x 4) (8)
- [20]**



**QUESTION 5**

Read the extract below and answer the questions that follow.

**CRITICAL ANALYSIS OF THE MEDIA**

Limitations to freedom of expression ensure public safety, while the increasing digital divide<sup>1</sup> between different groups in society impacts negatively on access to information for all.

**Glossary:**

<sup>1</sup>digital divide: inequalities to access information and communication technology

[Adapted from <https://www.justice.gov.za>. Accessed on 29 January 2021.]

Write paragraphs on ***limitations and accessibility of information***.

Use the following as a guideline:

- State FOUR ways in which the media could ensure access of information to all communities. (4 x 1) (4)
  - Analyse how limitations to the right to freedom of expression of the media may assist in promoting public safety. (2 x 4) (8)
  - Critically discuss the impact of the increasing digital divide on different groups in society, specifically the poorer communities. (2 x 4) (8)
- [20]**





**QUESTION 6**

Read the extract below and answer the questions that follow.

**FINDING MEANING IN WORK**

Finding work meaningful is something that every worker should experience. However, some people may not find meaning in their work, hence they are most likely to act unethically in the workplace.

[Adapted from <https://sloanreview.mit.edu/article/what-makes-work-meaningful-or-meaningless>.  
Accessed on 3 December 2020.]

Write paragraphs on ***the value of work and work ethics***.

Use the following as a guideline:

- State FOUR ways in which work could give you a sense of purpose in life. (4 x 1) (4)
  - Analyse why it is necessary for all workers to follow the required ethical behaviour in the workplace. (2 x 4) (8)
  - Critically discuss the importance of understanding your core values to ensure that you find meaning in your work. (2 x 4) (8)
- [20]**

**TOTAL SECTION C: 40**  
**GRAND TOTAL: 100**















